## October 2015

REDMOND SENIOR CENTER

8703 160th Ave NE, Redmond 98052 425-556-2314

Seating opens at 11:45 am, lunch served at 12 noon.

Ticket sales b	pegin at	10 am.
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Buy your ticket early -- sometimes we sell out!

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Monday	Tuesday	Wednesday	Thursday	Friday
Suggested donation \$3 for those over age 60; for those under age 60 the price is \$6.	Places sign up at the Front Deek. All obilities welcome!		Honey Dijon Chicken Baked Potato Baby Carrots Peach Cobbler	Pork Cutlet Potatoes & Gravy Steamed Vegetables Wheat Roll Apricots
5 Ivar's Clam Chowder Salad Bread Sticks Mixed Berries & Whipped Topping	6 Chicken Cacciatore Stewed Zucchini Pears	7 Black Bean Soup Spinach Salad Roll Baked Apple	Reservations Required By October 2 425-556-2345	9 Philly Cheesesteak Salad Grapes Orange Juice
Chicken & Dumpling Salad Vegetable Blend Tropical Fruit Salad	Shepherd's Pie Garden Salad Fruit Cocktail Roll	Split Pea Soup Wheat Roll Mixed Vegetables Streusel Cake Apple	Baked Chicken & Apple Zucchini Linguini Broccoli Wheat Roll Applesauce	Fish Burger Spinach Salad Broccoli Orange Wedge Pudding
Swedish Meatballs Egg Noodles Mixed Vegetables Roll Apricots	Florentine Fish Red Potatoes Zucchini in Stewed Tomatoes Roll Cherry Crisp	Garbanzo Bean Soup Meatloaf Sandwich Cake	Sweet & Sour Pork Chinese Chicken Soup White Rice Mandarin Orange Fortune Cookie	Beef Macaroni Corn Wheat Roll Melon Chocolate Pudding
Pork BBQ Ribs Scalloped Potatoes Broccoli Wheat Roll Pears	Broccoli Cheese Fish Corn Chowder Scandinavian Vegetables Roll Plums	Tortilla Soup Spanish Rice Jicama Salad Mandarin Orange	Spaghetti & Meatballs Corn Garlic Bread Pears	30 Chicken Enchilada in White Sauce Tomato & Cucumber Salad Pears Ice Cream

